

Spicy Sesame-Roasted Sweet Potato Chips

Serves 4

Preparation Time: 5 mins

Cooking Time: 15 mins

From the first bite you will be hooked!

Ingredients

- ❖ 2 large sweet potatoes, peeled and cut into fat chips
- ❖ 30ml (2 tbsp) olive oil
- ❖ 30ml (2 tbsp) sesame seeds
- ❖ a dash of Tabasco sauce
- ❖ sea salt and freshly ground pepper

Directions

1. Preheat the oven to 200°C/fan 180°C/390°F/gas mark 6.
2. Toss the sweet potatoes in the oil, sesame seeds and seasonings and roast in the oven for about 15 minutes, till tender within and crisp outside, the sesame seeds golden brown and clinging to the potatoes.

Serving Suggestion

Enjoy as a snack or as an accompaniment in a main meal.

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